

Grace Inspired Communities Continuing Care Retirement Community Checklist



The Community at Rockhill
3250 State Road, Sellersville, PA 18960
www.communityatrockhill.org



The Lutheran Community at Telford
12 Lutheran Home Drive, Telford, PA 18969
www.lctelford.org



Is a Grace Inspired community right for me?

While an exciting move, relocating to a Continuing Care Retirement Community is a big step! Below are some statements to consider as you plan.

- | Yes | No | N/A | |
|-----------------------|-----------------------|-----------------------|--|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I want to remain independent as long as I am able |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I have concerns about my health |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Emergency medical help is important to me |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Housekeeping assistance would be helpful to me |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I would like assistance with home maintenance and repairs |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I would like assistance with outdoor maintenance |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I would enjoy the opportunity to meet new people in a social setting |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I would like planned social and recreational activities |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I would like transportation service available |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I would like meals prepared for me |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I am willing to move from where I live now |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I would feel safer if I moved from my current home |

Things to consider as you review a Grace Inspired community

Location

Yes No N/A

- | | | | |
|-----------------------|-----------------------|-----------------------|---|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | The surrounding area is safe |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | There are safe and pleasant sites outside for residents and families to sit and/or walk |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | There are public amenities nearby (shopping, library, recreation) |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Family and friends live close enough to visit |

Campus

- | | | | |
|-----------------------|-----------------------|-----------------------|---|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Occupancy rate is consistently over 90% |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | The grounds are well maintained |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | The apartment buildings are well maintained |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Interior public areas are attractive and well maintained |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Private areas (hallways, building lounges) are attractive and well-maintained |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | All areas are free from odors |

Amenities

- | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Various public lounges |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Various dining rooms |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Activities rooms |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Gym |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Pool |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Beauty Salon |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Entertainment room |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Chapel |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Also important to me: _____ |

Independent Living

- I prefer a: Cottage Apartment
 One Bedroom Two Bedroom Efficiency
- The community is responsible for exterior maintenance
 The community is responsible for interior maintenance
 The community is responsible for landscape maintenance

Services

- | Yes | No | N/A | |
|-----------------------|-----------------------|-----------------------|---|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Meals plans are available.
Number of meals with basic fee: _____ |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | There are menu choices at each meal |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Special diet meals are available. I need _____ |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | The food looks, smells and tastes good |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Friends and family may join residents for meals |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Snacks are available throughout the day |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Housekeeping plans are available.
Frequency of housekeeping with basic fee: _____ |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Laundry service is available |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Laundry service includes personal items |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Reserved parking spots are included in my monthly fee |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Additional on-site storage units are included in my monthly fee |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | There are daily activities |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | There are regularly scheduled organized off-campus outings |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | The community provides transportation for outings, medical appointments, shopping or other activities |

Care

Yes No N/A

- Emergency safety systems (pull cords, pendants) are provided
- Health care is available on site
- Pharmacy services are available

The following medical services are available on campus:

- Nurse Podiatry Dentistry Other _____

Current Residents

- Residents are engaged in activities
- Residents are engaged in the fitness center
- Staff members interact pleasantly with residents
- Staff members know residents by name
- There is an active Residents Council

Staffing

- A registered nurse (RN) or licensed practical nurse (LPN) is on-site during the day
- A RN or LPN is available at night
- There is a dietitian on staff
- There is a social worker on site during the day
- There is an activities person on site during the day
- The current director has been employed at the community for over 5 years

Policies and Procedures

Yes No N/A

- Residents are allowed to have family members (such as a grandchild) visit over night or for a few days
- Residents are allowed to have pets
Limitations on pet size: _____
- Residents are permitted to hire a private caregiver to assist with personal care
- Residents who hire a private caregiver are allowed to age in place
- Residents and the community work together to decide when a resident should move to a higher level of care

The Contract and Costs

- Financial statements are available for inspection
- The community offers a modified care contract
- An initial deposit is required
My deposit would be: _____
- The deposit is returned when the resident moves or is deceased
My percentage of return would be: _____

Monthly fee for an efficiency apartment _____

Monthly fee for a one-bedroom apartment _____

Monthly fee for a two-bedroom apartment _____

Monthly fee for a one-bedroom cottage _____

Monthly fee for a two-bedroom cottage _____

The following services are included in the monthly fee: _____

Costs of additional services: Meals _____ Housekeeping _____

 Laundry _____ Transportation _____

Monthly charge for higher levels of care:

Personal Care _____ Memory Care _____ Health Care _____

Any additional charges: _____

Under what conditions do rates of care or other terms change?

Licensure & Accreditation

Yes No N/A

The community's personal care unit is licensed

The community's skilled nursing unit is licensed and in good standing